



## **SMART Goals**

## NOT SMART GOAL:

I want to do better in school. We reach out to more students through Wellness Wednesdays.

## SMART GOAL:

I get an A in 3 out of 5 courses by April 2015.

We get 80 people to stop and engage at our table on every Wellness Wednesday until April 2013.

(Let's assume attendance was 50 students before)

## **OUR OBJECTIVES/GOALS:**

(Remember to reflect on your SWOT analysis and SMART goal setting)